



CHILD & FAMILY
GUIDANCE CENTER OF TEXOMA
— Where help, hope and healing begin —

March Case Management Newsletter

**March is here, bringing daylight saving time
and the first day of spring!**

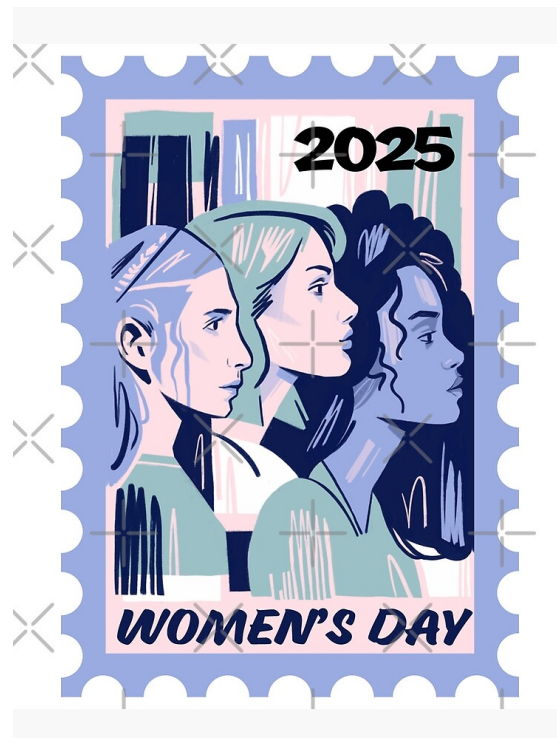
**We hope your year is off to a fantastic start and
that you find the resources in our newsletter
both helpful and inspiring. Thanks for taking the
time to read—Wishing you a season full of fresh
beginnings and sunshine! ☀**

Women's History Month

Happy Women's Month!

March is Women's History Month, a time to celebrate the achievements, contributions, and resilience of women throughout history. It's an opportunity to honor the trailblazers who have paved the way for progress in various fields and to recognize the impact of women in our communities today. To learn more, we've included a link to the Women's Museum, where you can explore inspiring stories and historical milestones.

**National Womens
History Museum**



Daylight Saving Time & 1st Day of Spring



Spring Forward!

Daylight saving time begins on March 9, when clocks move forward by one hour to make better use of daylight. The first day of spring is March 20, marking the equinox when day and night are nearly equal.

This change brings longer daylight hours and signals the transition to warmer weather.

Lastly St. Patrick's Day is also coming up on March 17!

It's a great time to adjust schedules and prepare for the new season!

Fun Events of March

Pot of Gold!

We've compiled a list of free and low-cost local events to make them accessible to many! These events are a great way to connect with the community and enjoy fun activities.

Whether you're looking for family-friendly outings or something new to explore, there's a variety to choose from.

We hope you'll be able to attend one of these wonderful events.



[Fun Local Events!](#)

[Free Dental Clinic Coming to Bonham!](#)

FREE DENTAL CLINIC

BONHAM, TEXAS

APRIL 11TH -12TH, 2025

● **CLEANINGS** ● **FILLINGS** ● **EXTRACTIONS**

700 FM 87, BONHAM, TEXAS 75418

FANNIN COUNTY MULTI-PURPOSE COMPLEX

STARTING AT 6AM UNTIL FULL CAPACITY

WALK-UPS WELCOMED!

**WANT TO BEAT THE LINES?
REGISTER FOR PRE-SCREEN**

SCAN THE QR CODE OR VISIT [BIT.LY/BONHAM-PRESCREEN](https://bit.ly/bonham-prescreen)



PRE-SCREEN DAY 1

WHERE: BONHAM SPECIALTY CLINIC

ADDRESS: 505 LIPSCOMB STREET

WHEN: MARCH 21ST, 2025

FROM: 9:00 AM - 3:00 PM

REGISTRATION OPENS: JANUARY 21, 2025

PRE-SCREEN DAY 2

WHERE: BONHAM SPECIALTY CLINIC

ADDRESS: 505 LIPSCOMB STREET

WHEN: APRIL 4TH, 2025

FROM: 9:00 AM - 3:00 PM

REGISTRATION OPENS: JANUARY 21, 2025

Cleanings, Fillings, & Extractions!

A free dental clinic will be in Bonham on April 11-12, offering essential dental care to those in need. While pre-registration is full, walk-ups are welcome on a first-come, first-served basis. This is a great opportunity for anyone seeking free dental services. Be sure to arrive early, as spots may fill quickly!

Kroger Rewards!



Link your Kroger Card Today!

Did you know you can support the Child & Family Guidance Center of Texoma every time you shop at Kroger—at no extra cost to you? It's quick, easy, and makes a big difference!

Here's how to get started:

- *Visit Kroger on your phone or web browser.
- *Sign in to your Kroger account (or create one if you don't have one yet).
- *Select Kroger Community Rewards under the Rewards section.
- *Search for Child & Family Guidance Center of Texoma or enter our code **WJ817**
- *Click Enroll, and you're all set!

Every time you shop and use your Kroger card, a portion of your purchase will go toward helping CFGC provide vital services to our community. Your grocery trips can now make a difference in the lives of those who need it most.

Thank you for your support—it truly means the world to us!

**Kroger Community
Rewards**



Child & Family Guidance Center of Texoma | 804 E. Pecan Grove Road | Sherman, TX
75090 US

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