

# The Why

We are passionate about healing the hearts and minds of Texoma children & families!



## 2020... a Year Like No Other

Without reservation, CFGC experienced the most difficult year in recent history... as has the rest of the world. We are not complaining - just sharing the brevity of the reality of providing mental health care during a pandemic.

In mid-March of 2020, CFGC converted 100% to a telehealth, virtual platform to keep our clients and staff safe from COVID-19.

89% of the 10,744 therapy and family support sessions were provided FREE to children, adults, and family members in 2020. The number of uninsured clients has skyrocketed.

**YOU made this care possible!**

Our work is not done, far from it. Your help is critically needed now more than ever.

## Mission Statement

The Child & Family Guidance Center of Texoma exists to strengthen, improve, and empower the lives of hurting Texoma children and families, through compassionate and restorative mental healthcare.